



REHAB  MEDICAL



EVIDENCE BASED McCONNELL APPROACH TO CHRONIC KNEE PROBLEMS

INTERNATIONAL McCONNELL INSTITUTE

This workshop will teach you the only patellofemoral program proven through an exhaustive double-blind, placebo-controlled clinical trial. In the workshop, you will learn assessment skills and treatment strategies to address patellofemoral pain, patellar tendinosis, fat pad irritation, iliotibial friction syndrome, and recurrent subluxation



Course Date:

18 April 2026 12:30-18:30
19 April 2026 09:00-18:00



Venue

14/F, China building, 29 Queen's Road, Central, Hong Kong



Course Lecturer

Jenny McConnell



Fee

HKPU members: HKD \$5,000
Non members: HKD \$5,500



Jenny McConnell

- McConnell Taping Technique Creator in 1980s
- Fellow of the Australian College of Physiotherapy
- International lecturer and workshop leader on chronic musculoskeletal problems



APPLY NOW

CPD: 10 points
(PC1260012)