



香港物理治療師協會
HONG KONG PHYSIOTHERAPISTS' UNION

Rudimentary Movement Reflex Integration (RMRI) - an effective way to promote postural control

Organized by INTEGRATED LEARNER; Co-organized by HONG KONG PHYSIOTHERAPISTS' UNION

Introduction of the course (In zoom meeting mode)

When baby is born, a set of primitive reflexes is ready for them, as survival and protection tools accompanying to the new environment.

Primitive reflexes should be gradually integrated into higher brain after birth, which then follow with postural reaction and voluntary movement development. Any retained primitive reflex interferes the development of advanced motor skill, brain function and learning ability. Majority of child can self- integrate the primitive reflex by repeating some rudimentary movement. Unfortunately, retained primitive reflex is commonly found in SEN children that hinder their brain function and development.

This is an introduction of why using specific rudimentary movement to integrate specific retained reflex is effective in improving the postural control and gross motor. Every primitive reflex needs to acquire specific rudimentary movement before achieving full integration of the reflex into the higher brain. More than 10 videos sharing in the zoom class.

You will learn in this zoom meeting:

1. Why does physiotherapy treatment improve the learning skill?
2. What are the physical skills and how do they relate to learning?
3. Beside standardizing test, how to identify client has retained primitive reflexes, ATNR will be used as an example in this course.
4. Why and how to apply specific rudimentary motor movement to integrate related primitive reflexes. (ATNR will be used as an example in this course)
5. What is Educational Kinesiology?
6. Case sharing on using RMRI to integrate reflex

Speaker: Ms. Pau Hang Yee

Date: 13 April 2024 Saturday

Time: 2:30-5:00 pm (2.5 hours)

CPD Code: PC124003 (Core 2 points)

Capacity: 60 persons

Language: Cantonese with English slides

Application method: Please fill in the form at the link or access it via the QR code

<https://forms.gle/sL92PfvWZGqi7SE9A>



(Application deadline: 8 April 2024)

Point-to-note:

1. To record your attendance on that day, a web link with a google form will be posted once in the chat room. You are required to fill the form for fulfilling the requirement of attendance.
2. Please use your FULL name (i.e. same format as that for Physio. Registration) and PT registration no. (e.g. David Tai-man CHAN_PTxxxxxx) to get into the Zoom. Otherwise, you could not be identified for competence certificate issuance.

For enquiries, please do not hesitate to direct contact Ms. Pau Hang Yee

➤ Email address: hypau@yahoo.com.hk

➤ Telephone: 6711 5338

Introduction of the speaker:

Ms. Pau Hang Yee is a registered nurse and worked in an acute hospital in Hong Kong. Then she completed the study in Bachelors of Rehabilitation Science (physiotherapy) at PolyU Hong Kong and became a registered Physiotherapist.

She specialized as a pediatric physiotherapist in Heep Hong Society from 1996 to 2020. Heep Hong Society is a NGO as well as one of the leading education and rehabilitation organization offering professional services to SEN children and their family.

Pau has been a Brain Gym® instructor/ consultant under the Educational Kinesiology Foundation since 2005 and she has applied Brain Gym® in her workplace since 2007.

She then broadened her horizon by learning primitive reflex integration methods from different international instructors including Mrs. Renate Wennekes, Mrs. Svetlana Masgutova and Mr. Harald Blomberg. Pau found that application of the primitive reflex integration during treatment session has improved attention, gross motor performance and physical skill of the SEN children.

In 2021, Pau published her first publication - 「提升孩子專注力，家長自己來」, in which how to observe if the child has retained primitive reflexes and the application of rudimentary movement for integration was covered. It is a new approach to integrate the retained primitive reflexes.

Through all the solid and profound experience, Pau has gained a deep understanding that most of the learning problems can be greatly improved by physical skills and hence physiotherapist plays an important role on it. She is then established an organization named “Integrated learner” to deliver talk and share her experience to our profession and the public.

